



Infopack

Expo for Youth 13.09.2015 – 21-09.2015, Gibellina, Sicily, Italy

GENERAL INFORMATION

The project “**Expo for Youth**” is a youth exchange organized within the framework of Erasmus plus Programme (Nr. 2015-1-IT03-KA105-005418), with the financial support of the European Commission, that will be implemented in Gibellina, Trapani, Sicily, Italy between 13 September - 21 September 2015.

Summery Project

The project called "EXPO FOR YOUTH" will be implemented in Gibellina (Trapani). It starts 13th September and lasts 7 days.

In general the project aims to promote active citizenship among young people in Europe, intercultural dialogue, social inclusion, solidarity and raise awareness of food .

The activities will be debates, European campaign, visits and intercultural events which will be performed in Gibellina and in other cities. 24 young people from Italy, Spain, Greece and Bulgaria will take part in regular workshops, meeting, debates, and role play.

The specific objectives are:

- understand the importance of a correct nutrition;
- develop a responsible attitude in the choice of food;
- know the effect of overeating;
- understand relation between food, health and environment;
- reflect on the problem of malnutrition;
- encourage the reduction of waste;

Each young person in the group will have a specific task, such as communication, publicity, photo, management of rule play, lead garden activities, organize meeting in the school and so on, for which they will be responsible.

We believe that young people should understand the story of their food: where it comes from, how it was produced, and what it means for personal and public health.



Equipping children with food and nutrition education — in the kitchen and in the classroom — will empower them with lifelong skills. During the exchange we'll organize the following workshop

-Knowledge about food and nutrition increases children's fruit and vegetable consumption.

-Cooking and preparing fresh foods enhances children's appreciation for healthier and diverse foods.

The project is entirely initiated, designed and implemented by the young people themselves that collaborate with consortium.

The project will help the participants to encourage their autonomy, creativity and a spirit of enterprise among young people, particularly in the social, civic, cultural and environmental contexts.

The project focuses on education for local, regional, national and European citizenship, particularly through the establishment of an Internet site to inform other European countries of the project's creation so that they can develop it in their own towns and cities and communicate with other young Europeans.

In the end the project wants create a connection between Food, Environment and poverty.

Project Partners

No	Country	Name of the leader	Partner Association
1	Italy	Irene Ippolito	Associazione Koinè
2	Spain	Raul Linuesa	Fundacion CVPacto Empleo Valencia
3	Bulgaria	Nora Goleshevska	ICCS
4	Greece	George Kyroglou	Youth Mobility Center

The eligible date for making costs is 22 May 2015,

Associazione Koinè Via N. Colajanni, 100 - 91024 Gibellina TP cell. 3886981480-3204737589 C.F.: 93068450811 - asslakoine@gmail.com



STARTING WITH THIS DATE YOU CAN BUY YOUR TICKETS AND DO ALL THE PREPARATION COSTS!

YOUTH EXCHANGE

For the project, each partner will send 5 participants (18 – 30 years) + 1 group leader (no age limits)

- The national groups should have: 3males + 3 females;
- The project will be held in **English language**. The participants should have at least basic understanding of this language;

Please select the participants in due time and send us their data by e-mail until 13 August 2015.

For communication prior and after the exchange, we we have a Facebook group under the name of “*Expo for youth - Gibellina*”

Arrival is on 13 September 2015

From your town to Palermo or Trapani Airport

Departure is on 21 September 2015

Please book your tickets so that you arrive in the airport city BEFORE 17.00 pm on Sunday 13th September and depart from Gibellina AFTER 8.00 am on Monday 21th of September

Please note that the organizers will not provide any additional accommodation outside the dates of the exchange! If you wish to travel on other dates than the dates of the exchange, please take contact with the organizers before purchasing your tickets!

Please plan your trip carefully: in case your travel dates are different than the ones above mentioned, the organizers might not be able to reimburse you!!

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The participants will be picked-up by the organizers in the airport and taken to the hotel and back to the airport for departures.

ACCOMODATION AND FOOD

You will be accommodated in rooms of 3-4 participants of same gender in a our Association Center in Gibellina.

The accommodation is in the center of town and is a fairly safe place.

Please bring your own towels and items of personal care!

Food will be provided 3 times a day plus hydrating breaks. **Please let us know in advance if you have special needs** (vegetarian, vegan, no pork meat, allergies, special diets due to medical treatment etc.) in the application form.

TRAVEL REIMBURSEMENTS

Please KEEP ALL YOUR BOARDING PASSES AND TICKETS otherwise we will not be able to make any reimbursements.

The reimbursements will be proceeded by bank transfer after the youth exchange upon sending all travel documents and international bank details. Reimbursement of travel costs will only be done upon full attendance of the project and presentation of the original travel tickets with boarding passes, receipts, invoices. Also, according to Italian National Agency regulations and Italian accounts rules and tax code, we need the proof of payment-if you pay in cash, than you have to send us the receipt for that payment and if you pay by credit card/bank transfer we need the account extract/credit card slip/bank statement.

Any wishes to stay shorter or longer should be consulted with organizers prior any booking!

Reimbursement will be done in EURO, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency other than EURO, will then be converted and calculated according to the exchange rate of the month when the ticket/s were purchased, as stated in the official European Commission web-site at <http://ec.europa.eu/budget/inforeuro/>.



Please check the table below with the information on the travel budget limits for roundtrip! If travel costs exceed the amount budgeted in the project, the organizers will only be able to reimburse participants maximum travel costs indicated in the travel budget. Participants are therefore strongly advised to book their tickets well in advance.

TRAVEL COST		
COUNTRY	DISTANCE	TRAVEL COST FOR ONE PARTICIPANT
Greece	500-1999	170 Euro
Bulgarie	500-1999	170 Euro
Spain	500-1999	170 Euro

WHAT TO BRING, WHAT TO PREPARE

Cultural Evening: Please arrange with your country leader and participants to bring some **gastronomic specialties** (food and/or drinks) from your country. It is also strongly recommended to prepare and bring some material showing your country/region/city, and the traditional (or modern) music and dances.

Sports/comfortable clothes: Make sure to bring comfortable clothes and/or ones that may get dirty or destroyed during the practical workshops and gloves for garden activities.

Personal insurance: Insurance cover for personal effects is the responsibility of the individual participant. You are recommended to ensure that you have adequate medical and travel insurance to cover the period of your stay in Italy. The participants are requested to acquire the European Health Insurance Card
Neither our organization nor any venue used during the event can entertain claims against loss of or damage to personal property.

OTHER IMPORTANT INFORMATION

Weather: The average temperature in September is 27 °C degrees during the day and 20°C at night. The temperature drops even more at the night so do bring some warm clothes for the nights .



Internet: Internet connection will be not guaranteed. However, we recommend limiting the use of internet, computers, and other electronic devices during the days of the exchange.

Each organization partner must to select participants and prepare their groups.

CONTACT DETAILS

If you need help with your travel booking or have any questions regarding the youth exchange, please do not hesitate to contact:

Irene Ippolito
Project Coordinator
asslakoine@gmail.com

+39 3453674083

Looking forward to welcome you in Italy!!!

